



Screening for Social Determinants of Health

Health System Assessment Tool

This toolkit was developed by the American Cancer Society's Hospital Systems Capacity Building Initiative for participating Communities of Practice (COP) sites. Health systems can use this toolkit to identify opportunities to improve the systematic screening for social determinants of health within their organization.

We appreciate our colleagues and partners for their contributions to this toolkit.

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Introduction

Social determinants of health (SDOHs) are "the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning and quality-of-life outcomes and risks."¹ These social and environmental factors greatly influence population health; addressing the social determinants of health is vital for improving health and reducing health disparities.² Despite being ranked as

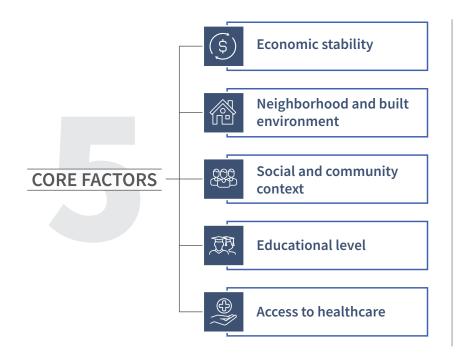
On average, there is a 15-year difference in life expectancy between the richest and poorest U.S. residents. Relatedly, location of birth is strongly associated with life expectancy.

one of the 10 richest countries in the world per capita, the U.S. experiences high rates of health disparities that are rooted in economic, social, and environmental factors. One meta-analysis found that over a third of total deaths in the U.S. in one year were attributable to social factors such as poverty, social supports, racial segregation, and education.³ On average, there is a 15-year difference in life expectancy between the richest and poorest U.S. residents.⁴ Relatedly, location of birth is strongly associated with life expectancy.^{5,6}

SDOHs are an important factor in cancer prevention, screening, and treatment. Recent evidence shows disparities in cancer screening by age, educational status, insurance status, race/ethnicity, income and geography.^{7,8} Similarly, there are disparities in cancer treatment outcomes by SDOH.^{9,10} In 2019, the American Cancer Society developed a blueprint for practice, research and policy to understand and address the social determinants of health to improve cancer health equity in the U.S.¹¹

In recent years, health systems and clinics have identified the importance of addressing these social determinants of health as a way to improve overall health.

The five core SDOH factors include a patient's:



Other important factors that affect a patient's health include access to transportation, food security, and personal safety. Many health systems are moving toward conducting SDOH screening to identify their patients' nonmedical social needs and refer their patients to resources in the community with the overall goal of improving their patients' and the overall community's health and wellbeing. Some of these factors could be described in the Community Health Needs Assessment (CHNA) conducted by many health systems.

This toolkit provides health systems with important resources to screen for SDOH.



How to Use This Guide

This toolkit has four main sections to complete, in the following order:

ACS SDOH Health System Assessment Tool

The assessment on pages 6 to 9 will help your team identify your health system's strengths and opportunities for improvement when addressing SDOH. There are 10 questions for your team to review. Consider sharing the assessment with members of your team prior to completing it, so everyone has time to gather the information needed to answer the questions. Agree on a process to collect everyone's feedback.

Matrix for Identifying Next Steps

The matrix on pages 10 to 14 will help you identify potential next steps to improve your health system's SDOH approach based on your answers to the assessment. The matrix is divided into three tiers – fundamental concepts, implementation resources, and system integration – to assist you with your planning efforts.

Action Planning

The action planning template on page 15 will help you prioritize your steps. These steps can be integrated into your team's overall collaborative action plan.

Tools

2

3

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There are tools on pages 17 to 29 to assist you with selected steps in each tier of the matrix. There are also additional SDOH resources for your team to consider.



Health System Assessment Tool for Implementing Social Determinants of Health

The assessment tool will assist health systems to assess their current practices and capacity to screen patients for social determinants of health (see: Screening for Social Determinants of Health Guide).

Instructions: Read the statement under each category and fill in the answer that best reflects your organization's current status.



System Leadership

1. The commitment of leadership in this health system to address SDOH							
1	2	3	4	Answer			
is not visible or communicated.	is rarely visible; the communication around the importance of addressing SDOH is rare and inconsistent.	is sometimes visible and sometimes discussed in meetings; or is visible in some areas and invisible in others.	is strong with full commitment to the work of screening for SDOH and linking patients to resources.	A1			

System Prioritization

2. Screening and addressing SDOH							
1	2	3	4	Answer			
is not a priority at this time.	is a low priority compared to the other work done in the clinical setting.	is important, but there are other initiatives that are more important.	is a central focus of the health system.	A2			



-

Champions

3. Responsibilities for supporting and implementing SDOH screening						
1	2	3	4	Answer		
have not been assigned to designated champions.	have been assigned to champions, but no resources have been committed.	have been assigned to champions with available resources, but dedicated time is needed.	have been assigned. Available resources and dedicated time for implementation.	A3		



Staffing

4. Staffing to support SDOH screening and referral, such as case managers or patient navigators...

1	2	3	4	Answer
does not exist.	exists, but is already overburdened with other work.	exists – have limited time to support SDOH screening and referrals.		A4

Reimbursing Staff Time

5. The ability to reimburse staff time for screening for SDOH and supporting linkages to services...

1	2	3	4	Answer
is not possible.	has not been explored.	has been explored, but challenges remain.	is currently being done.	A5

SDOH Screening – Topics and Tools

6. The health system						
1	2	3	4	Answer		
has not selected or identified what SDOH to screen for or what screening tool to use.	has begun discussions of what SDOH to screen for or what screening tool to use.	has identified what SDOH to screen for but has not fully integrated screening tool.	has integrated a screening tool into their SDOH workflow.	A6		



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Goal Setting and Measuring

7. Goals for SDOH screening and linkage to services						
1	2	3	4	Answer		
have not been discussed.	have been discussed, but no specific goals have been made.	have been discussed, and goals have been identified but not finalized or are not yet SMART or meet other goal measures.	are documented with SMART (specific, measurable, attainable, realistic, time-based) measures or meet other goal measures.	A7		

W	or	kf	low	S
				Ĩ

8. Clinic workflows for screening patients for SDOH						
1	2	3	4	Answer		
do not exist.	exist but are not followed.	exist but are inconsistently followed.	exist and are fully implemented.	A8		

EHR Integration						
9. SDOH screening too	ls					
1	2	3	4	Answer		
do not exist.	are all on paper and not integrated into the EHR.	are inconsistently entered into the EHR.	are systematically entered into the EHR.	A9		



Tracking and Monitoring Patients Screened for SDOH

10. The use of a system to track and monitor patients screened for SDOH						
1	2	3	4	Answer		
has not been explored or is not possible with existing data systems.	is technically possible, but systems to get useful reports are not in place.	is possible and systems are in place to produce basic reports on a regular basis.	is possible, systems are in place, and reports are produced that allow for tracking screening and linkage.	A10		

You have completed the assessment and will now move on to suggested next steps based on your answers.



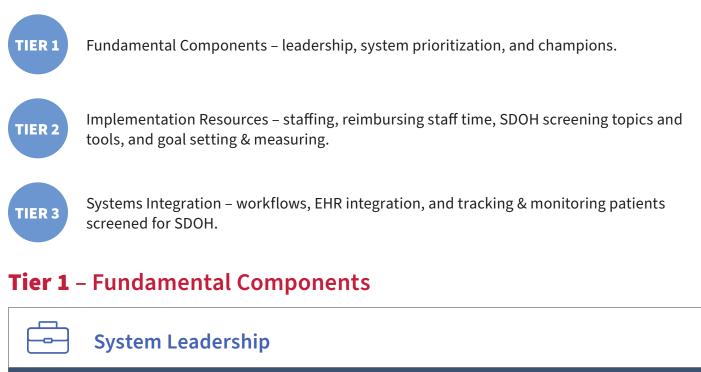


Hospital Systems Capacity Building Initiative Screening for Social Determinants of Health

Matrix for Identifying Next Steps in Developing an SDOH Screening Process

The matrix below will help you identify next steps to expand your capacity for screening patients for social determinants of health. Based on your answers to the assessment, below are 'next steps' within each category. Any categories where you reported a '4' are deemed to be strong and do not require next steps. Review how you answered on the ACS SDOH Health System Assessment and identify the appropriate next steps by completing the following matrix. You can find your answers on previous pages 6–9.

Key: The matrix below organizes the assessment categories into three tiers. Each of the tiers and corresponding categories are detailed below:



1. The commitment of leadership in this health system to address SDOH ...

If you answered...

1 or 2	3	Answer
 Meet with health system and clinical leadership to	 Meet with health system and clinical leadership to	A1
explore their interest and willingness to support SDOH.	explore making SDOH a particular focus or topic area.	Pg. 6

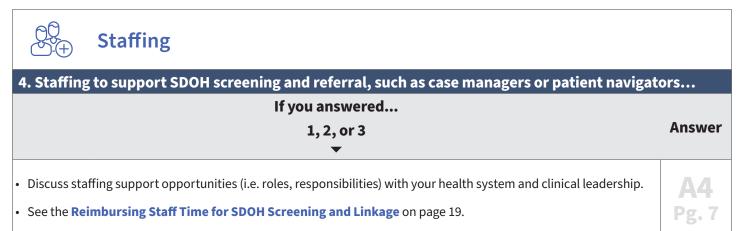


System Prioritization

2. Screening and addressing SDOH						
If you answered						
1 2 3						
▼	▼	•				
 Determine whether leaders, clinicians, and clinical staff think SDOH screening and linkage to services is important for clinical care. 	 Determine whether leaders, clinicians, and clinical staff believe SDOH should be prioritized by the organization. 	• Determine whether the current level of prioritization of SDOH is sufficient to effectively screen and link patients to services.	A2 Pg. 6			

- Champions	
3. Responsibilities for supporting and implementing SDOH screening	
If you answered	
1, 2, or 3	Answer
~	
Identify a potential clinical champion for the SDOH screening and linkage program.	A 3
• Use the Clinical Champion Checklist on page 18 for considerations in selecting a champion.	Pg. 7
 Work with leadership to identify resources to provide champion protected time, EHR staffing support, or other project management support for the program. 	

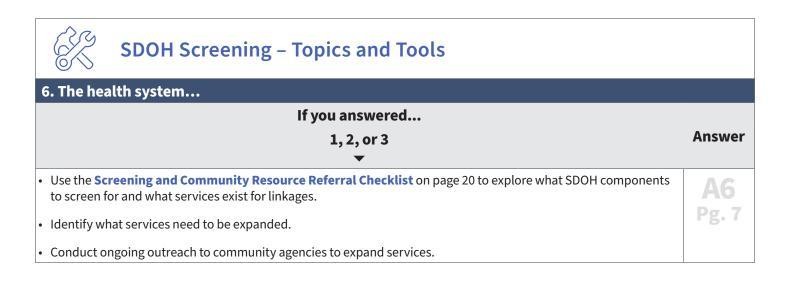
Tier 2 – Implementation Resources





2 Matrix for Identifying Next Steps

	Reimbursing Staff Time				
5. The abi	lity to reimburse staff time for screening for SDOH and supporting linkages to servi	ces			
	If you answered				
	1, 2, or 3 Answ				
	▼				
Explore the	e ability to reimburse for services through Medicaid.	A5			
• See the Re	imbursing Staff Time for SDOH Screening and Linkage on page 19.	Pg. 7			



		Goal Setting and Measuring	
	\forall		
1	7. Goals fo	or SDOH screening and linkage to services	
		If you answered	
		1, 2, or 3	Answer
		▼	
•	Use the SM	ART Goal Setting & Measurement on page 23 to identify goals and metrics to track progress.	Δ7
•		health system's Community Health Needs Assessment (CHNA) report to inform the development of netrics most relevant for the community served.	Pg. 8



Tier 3 – Systems Integration

Workflows		
8. Clinic workflows for screeni	ng patients for SDOH	
	If you answered	
1	2 or 3	Answer
•	▼	
 Use the Workflow Process Map on page 25 to develop a workflow for screening and linking patients to SDOH services. 	 Use the Workflow Process Map on page 25 to map the existing workflow for screening and linking patients to SDOH services, identify challenges, and explore potential solutions. 	A8 Pg. 8

EHR Integration					
9. SDOH screening tools					
	If you answered				
1	2	3	Answer		
▼	•	•			
 Meet with IT/EHR staff to explore whether the current EHR allows for screening for SDOH. For more information, review Integrating SDOH Screening into the EHR on page 27. 	 Meet with IT/EHR staff to explore whether the current EHR allows for screening for SDOH. For more information, review Integrating SDOH Screening into the EHR on page 27. Meet with leadership to identify resources to expand IT support for building systems. 	 Use the Workflow Process Map on page 25 to map how the screening tool is entered into the EHR, identify challenges, and explore potential solutions. 	A9 Pg. 8		



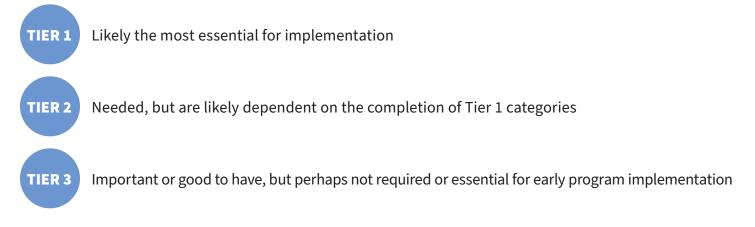
2 Matrix for Identifying Next Steps

Tracking and Monitoring Patients Screened for SDOH 10. The use of a system to track and monitor patients screened for SDOH					
	If you answered				
1	2 or 3	Answer			
-	▼				
• Meet with IT/EHR staff to explore whether the current EHR allows tracking or monitoring screening.	 Meet with IT/EHR staff to explore whether the current EHR allows tracking or monitoring screening. Meet with leadership to identify resources to expand IT support for building 	A10 Pg. 9			
For more information, review Integrating SDOH Screening into the EHR on page 27.	systems.				





Hospital Systems Capacity Building Initiative Screening for Social Determinants of Health In the previous table, the categories have been placed in tiers that range from 1 to 3.



Use the action plan below to list your top 3-5 priorities, prioritizing categories by Tier (starting with Tier 1). List the next steps from the table above, and updates on progress to date (see the example). It is recommended that you build capacity related to Tier 1 (until you reach an answer of 3 or 4 on the assessment) before moving on to Tier 2 activities.

Example:

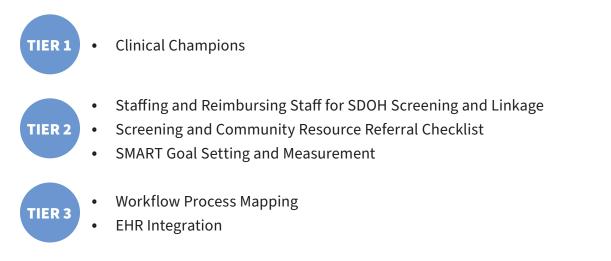
Priority	Next Step	Who is Responsible	By When	Progress Update
Workflows	Use the Workflow Process Map to develop a workflow for screening and linking patients to SDOH services.			Meeting with clinical team next Tuesday to work through workflow process map.

Priority	Next Step	Who is Responsible	By When	Progress Update



4 Tools

On the following pages are tools to assist you with tiers 1, 2, and 3. These tools include:







Hospital Systems Capacity Building Initiative Screening for Social Determinants of Health

TIER 1

Clinical Champions

"Champions" are individuals who are committed to supporting the implementation of a new intervention/ process. The champion will lead or support the work of gathering and evaluating data on existing processes or on potential changes; engaging leadership, thought leaders, or others to explore the topic; seeking best practices; and implementing and guiding changes.

Champions are often most successful when they work in collaboration with a team, including people in leadership, representatives from IT or other relevant parties, and support staff with time to support implementation. Alternatively, other models have found success with a few champions (2-3) that work closely together to tackle an issue.

Research on the importance of champions is emerging, but several characteristics of champions have been identified. In determining a champion for your program, consider the following characteristics:

- Who has enough influence or power within the organization to make things happen? This can include both authority through positions of leadership, or influence through respect and reputation.
- Who has the available time to commit to implementation?
- Who is intrinsically motivated and enthusiastic about the practice they are promoting (SDOH screening)?
- Who is a strong communicator, with the ability to persuade and motivate to make the required changes?

In addition to these characteristics, there are other characteristics that are especially helpful, but not required in a champion.

• Who has content expertise/knowledge that is relevant for SDOH screening/implementation (e.g., behavioral health specialist/social worker, other relevant past education/experience)?





TIER 1

Brainstorm Potential Champions

Clinical Champion Checklist						
Name	Reach/ Influence?	Available time?	Enthusiastic about SDOH?	Strong communicator?	Content expertise?	Other comments

Reach out to these potential champions to gauge their interest in leading this important effort.

For more information:

- Damschroder, L. J., Banaszak-Holl, J., Kowalski, C. P., Forman, J., Saint, S., & Krein, S. L. (2009). The role of the "champion" in infection prevention: results from a multisite qualitative study. BMJ Quality & Safety, 18(6), 434-440. https://qualitysafety.bmj.com/content/18/6/434.short
- Kaplan, H. C., Brady, P. W., Dritz, M. C., Hooper, D. K., Linam, W. M., Froehle, C. M., & Margolis, P. (2010). The influence of context on quality improvement success in health care: a systematic review of the literature. The Milbank quarterly, 88(4), 500-559. https://pubmed.ncbi.nlm.nih. gov/21166868/





4 Tools

TIER 2

Staffing and Reimbursing Staff for SDOH Screening and Linkage

It may be possible for your health system to be reimbursed for your work screening and addressing SDOH through Medicaid or other sources.

Below are some resources that may help you explore your options:

- Kaiser Family Foundation, State Health Facts
- National Academy for State Health Policy (NASHP)
 - » States are advancing healthy food policies in 2020
 - » NASHP's Housing and Health Resources for States
- Medicaid and CHIP Payment and Access Commission (MACPAC)
- National Association of Medicaid Directors (NAMD)
- Department of Health and Human Services issued updated guidance in January 2021 to support addressing SDOH [pdf]
- Health Affairs Blog has an **entry** focused on reimbursement for SDOH

Beyond the links above, consider:

- Contacting other health systems in your area to investigate if and how they reimburse for SDOH screening and linkage to services.
- Medicaid managed care plans may also support addressing SDOH. For example, UnitedHealthcare supports affordable housing in underserved communities. Contact managed care plans/ insurers/payers to investigate whether they have policies related to SDOH screening and linkage to services.





Screening and Community Resource Referral Checklist

Use the checklist below to identify what components of SDOH you currently screen for and identify the existing programs and services in the community that you work with to refer patients with those needs. For each component, respond whether you do screen or have an interest in expanding screening. If you respond that you do or may want to screen for each component, please detail what services or programs in the community you have relationships with to refer patients (e.g., food banks, employment or housing services).

Consider completing this checklist in collaboration with your partners, including local and state health departments.

Screening and Community Resource Referral Checklist								
Торіс	Yes – we screen for this.	Is there a plan to expand screening in this area in the next year?	What services/programs in the community do you work with to support needs in this area?					
Economic Stability								
Employment								
Utilities								
Childcare								
Finances								
Food								
Other:								
Education Access and Quality								
English language comprehension								
Education status								
Other:								





TIER 2

Screening and Community Resource Referral Checklist									
Торіс	Yes – we screen for this.	Is there a plan to expand screening in this area in the next year?	What services/programs in the community do you work with to support needs in this area?						
Social and Community Context									
Incarceration status									
Immigration status									
Personal Safety									
Intimate Partner Violence									
Social integration/social support									
Other:									
Healthcare Access and Quality									
Insurance type/status									
Health literacy									
Other:									
Neighborhood and Built Environment									
Housing									
Neighborhood									
Transportation									
Other:									



Other National Resources to Explore

Community Resources for Addressing Social Determinants of Health						
General Resources						
211 – Essential Community Services Line	http://www.211.org					
Aunt Bertha – National social care network to connect people to resources	http://www.auntbertha.com					
Cap4Kids – Linkage to community resources to improve the lives of children and families	http://cap4kids.org					
Food Insecurity						
Feeding America – Network of food banks and food pantries	http://www.feedingamerica.org					
Supplemental Nutrition Assistance Program (SNAP) – Federal program that provides nutrition assistance	http://www.fns.usda.gov/snap					
Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) – Federal program that provides nutrition assistance	http://www.fns.usda.gov/wic					
Housing	·					
Public Housing and Voucher Program – Federal program to provide low-income families, the elderly, and the disabled with housing in the private market	http://www.hud.gov/topics/rental_assistance					
Legal Topics						
Medical-Legal Partnerships – provides legal services as a way to respond to social needs	http://medical-legalpartnership.org					



TIER 2

SMART Goal Setting and Measurement

Programs can fail because there is not a sufficient focus on goal setting and tracking. It is important to create systems to develop and track goals, to ensure the program is having the desired impact.

A useful pneumonic for developing goals is SMART – specific, measurable, attainable, relevant, and time-based.



Specific:

Create a goal with specific numbers and real deadlines.

For example: "We want to screen 75% of patients in primary care for SDOH by the end of the year."

Measurable:

Make sure your goal is actually countable and trackable.

For example: If the goal is 75%, ensure you can calculate both the numerator (the number of patients screened) and the denominator (the number of patients; the number of active patients; the number of patients who have visited the clinic during the time period).

Attainable:

Select a goal that is challenging but possible.

For example: A goal of 25% screening for SDOH is likely very easy; 50% is more challenging; but 75% would require relatively consistent effort across clinics and clinical staff.

Realistic:

Be honest with yourself about your team's capabilities and capacity. Do not make a goal too challenging.

For example: A goal of 95-100% may be an ideal but may be unattainable at the beginning. Consider setting a more realistic goal, if even for the short-term.



Time-based:

Give yourself a deadline. Goals that have amorphous deadlines are hard to measure and track.

For example: A goal 6-12 months out provides time for ramp up, implementation, and tracking.



4 Tools

TIER 2

Other Considerations and Suggestions

- Consider creating short-term goals for 'easy wins' to gain momentum.
- Make sure to celebrate successes.
- The health system's Community Health Needs Assessment (CHNA) report may inform goal setting. The report describes the community served and may highlight areas of need for consideration. Connect with your health system's CHNA representative to learn more about how this can inform your SDOH screening goals.

SMART Goal Setting & Measurement									
		Is the Goal							
List Goal(s)	Sp	ecific?	Measurable?	Attainable?	Realistic?	Time-based?			



TIER 3

Workflow Process Mapping

A process map is a useful tool for depicting the actual or intended process to ensure activities are completed in a timely and efficient manner. When thinking about screening patients for SDOH, consider the following questions to outline steps involved:

How are patients identified for screening?

- Are they screened during every visit? Just particular visits (e.g., physicals)?
- Who is alerted that a patient should be screened (e.g., the medical assistant who rooms the patient, or the front desk staff who checks the patient in)? How does the alert happen (is it programmed into the EHR)?

H H H

How does the patient complete the screening tool (on paper, on a tablet, on their phone)?

- If the screening tool is on paper, how does the screening tool get entered into the EHR?
- Are there separate fields for results in each category in the EHR?

Who reviews/responds to the screening tool?

- How does your system prompt providers/ clinicians that a screening tool is ready for review? (EHR prompts, physical reminders in charts)
- Does the provider/clinician review and refer to services? Or do eligible patients get automatic referrals to a case manager/navigator for support?
- How much time elapses between the patient completing the screen and being referred to services, if eligible?

How are the results of the referrals tracked?

- Do partner organizations receive notification of referrals provided to patients?
- Do we have a mechanism to track referral progress or outcomes? If so, how is this documented (e.g., notes fields, attachments, fields in the EHR)? Who is responsible for follow-up with patients and/or partner organizations?

Next, begin to visually map out the process of screening. Consider using different colors or shapes to depict roles or decision points. In the example below, dark blue squares are the responsibility of the medical assistant (MA), medium blue squares are the responsibility of the provider, and the light blue squares are the responsibility of case management.



TIER 3

Example SDOH Screening and Linkage Process

EHR alerts MA that SDOH screener is due MA provides screener to PATIENT on tablet MA retrieves tablet and ensures screener completion PROVIDER reviews screening tool, discusses results, refers eligible PATIENT to CASE MANAGEMENT

1 month later, CASE MANAGEMENT

- Reviews status of referrals on PHM SDOH linkage tool
- Follows up with PATIENT
- Documents meeting in EHR (progress note)

Within 3 days, CASE MANAGEMENT

- Reviews screener and EHR notes
- Meets with PATIENT
- Refers to services using EHR population health management (PHM) SDOH linkage tool
- Documents meeting in EHR

Meet with the clinical team (e.g., medical assistants, providers, and case management) to verify or revise this workflow, assessing any challenges and potential solutions. You can find different types of process maps to use **here**.

Consider **posting this process map** with some information about the screening process to re-affirm commitment to SDOH screening and linkage to services.



4 Tools

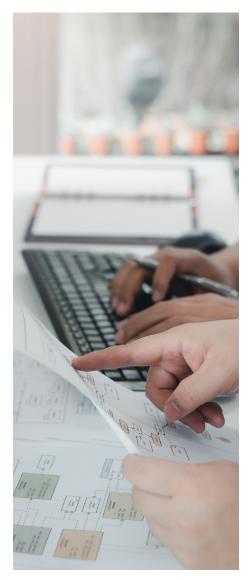
TIER 3

EHR Integration

Because of the importance of the social determinants of health in overall population health, many health systems are integrating SDOH screening and services within their population health management systems. To support this work, more and more electronic health records (EHR) are integrating SDOH screening and linkage tools into their systems.

Developing EHR Functionality

Work with your IT/EHR staff to identify the existing or available tools within the EHR to screen, link, or track patients to services. Here are some screening questions to explore in these conversations.



Screen

- How can the SDOH screening tool or result be entered into the EHR? Can the patient complete the screening tool electronically for it to save in the EHR? Can a staff member report the screening tool answer into a field in the EHR?
- Where can the results from previous screening tools be seen or reviewed? Can a panel or field be included?

Link

- Can referrals to services be made through the EHR? For example, Aunt Bertha can be integrated into existing care management systems.
- Can a dashboard or EHR panel be used to display the SDOH needs, and services linked to aid referrals?
- How can case managers/patient navigators/community health workers document the work they are doing to support SDOH? Can progress notes for this role be added?

Track

- Once a patient screens for SDOH needs, how can the care team track linkages?
- Can the tracking system be monitored from a population health level, to capture metrics related to number of patients screened, number of patients referred, and number of patients who received services?



4 Tools

ICD-10 Codes

Some health systems have integrated SDOH Screening into their EHR using ICD-10 Codes. Below we link to a variety of resources to support your health system exploring how to integrate ICD-10 answers into your EHR.

- The American Hospital Association has an extensive overview for ICD-10-CM Coding for Social Determinants of Health [pdf]
 - » The AHA also supports the AHA Coding Advisor service to improve ICD-10-CM coding.
- The Journal of American Health Information Management Association (AHIMA) has an article to improve ICD-10-CM Coding for SDOH
- Centers for Medicare & Medicaid Services developed a Data Highlight to describe Z Codes Utilization among Medicare Fee-For-Services Beneficiaries in 2017.

Other Resources

The National Committee for Quality
 Assurance has developed this Population
 Health Management Resource Guide, which
 includes a section on Social Determinants of
 Health (see page 24).

Testing Functionality

Once you have identified and developed new EHR tools and functionality to support SDOH screening, linkages, and tracking, review and test the tools thoroughly.

- Work with end users (providers, case managers) to work through the functionality, recognizing any challenges and possible solutions.
- Consider developing a tip sheet to aid the use of the SDOH tools and functionality.

The following are helpful resources that provide guidance on how to collect information, what information to collect, how to connect patients with resources, and so on. They can be useful tools in addition to the tools developed as part of this assessment and toolkit.

- The Agency for Healthcare Research and Quality has developed "Identifying and Addressing Social Needs in Primary Care Settings"
- The Center for Health Care Strategies has developed "Screening for Social Determinants of Health in Populations with Complex Needs: Implementation Considerations"
- The Centers for Disease Control and Prevention has developed SDOH data, research, tools for action, programs, and policy resources.
- Healthy People 2030 has identified goals and objectives for five SDOH categories.
- The National Association of Community Health Centers has developed a suite of tools related to their Protocol for Responding to and Assessing Patients' Assets, Risks, and Experiences (PRAPARE), including an implementation and action toolkit, trainings, an infographic, and frequently asked questions.
- The National Committee for Quality Assurance (NCQA) has developed **Social Determinants of Health Resource Guide**.



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